

Mind Reablement

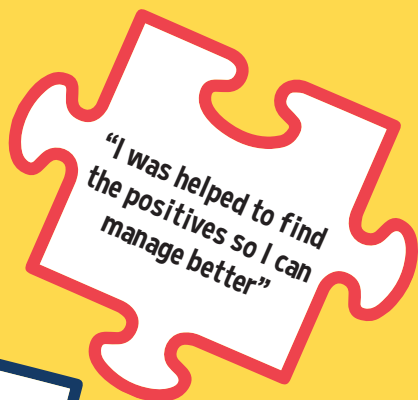
Are you living with a Long Term Condition?

We can help you to:



Helping you live a healthier life with your Long Term Condition

What people have told us:







HOW TO GET IN TOUCH:

If you are 18 and over and live in Middlesbrough or Redcar and Cleveland, please contact 01642 257020 or email: reablement@middlesbroughandstocktonmind.org.uk

Mind Reablement Service, The Mind Centre, 90-92 Lothian Road, Middlesbrough, TS4 2QX

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